



Making Waves



Director's Corner



Shipmates,

Can you believe it? We are talking February already and with it you can expect Valentine's Day, SUPER BOWL XLVI and my three (3) beneficial suggestions for roommates.

First, respect each other's property. This rule is the basic of basics to follow. It might sound petty but there are certain liberties individuals take with their own family that they CANNOT and I repeat CANNOT take with roommates. Some people are guarded of their possessions, and rightly so. They worked hard to earn them. The solution; establish communications with each other and decide amongst yourselves what is acceptable and what is not acceptable to borrow from one another.

Secondly, but just as important as the first, clean up after yourselves. If you make a mess, do not leave it for someone else to clean up. You Make the Mess, You Clean the Mess! Act like responsible adults and take responsibility for your actions. Take your turn to tidy, sweep, and mop the common areas. When you share a place, you both have equal responsibility to keep it clean. Make sure you do your fair share of household chores, such as taking out the trash, cleaning the bathroom, and cleaning out the fridge when needed.

Lastly, the Amenity and Unit Condition forms! You remember them; they were part of your lease package at lease signing and you were instructed to return the completed forms within

48 hours. Remember now? The Unit and Amenity Condition Forms provide a means of documenting a detailed inspection at time of move-in. You can annotate missing or damaged items in your unit. So, please take the time to complete them and return them to any service desk or leasing office. These forms will make checkout a breeze and prevent hard feelings with your roommate over damages.

Believe me when I tell you that these suggestions will definitely improve roommate relations!

If there are any questions or concerns, do not hesitate to ask.

Director of Operations



February
2012
Volume 5
Issue 2
February is
National
Cancer
Prevention
Month

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MCPON Speaks at 24th Annual Surface Navy Association Symposium

"Despite budget constraints, the world's oceans and waterways are not getting smaller," said MCPON (SS/SW) Rick D. West. "We will continue to work challenges and accomplish our mission with a smaller, flexible force, ready to answer our nation's call anywhere, anytime, and our surface Navy is an extremely important factor in this."

MCPON also added that no matter how technology advances, it's still the Sailors out there doing their jobs that make our Navy so great.

"We have a busy, engaged Navy," said West. "On any given day nearly 50,000 Sailors and 40 percent of our ship are underway or deployed globally, and the great men and women in our Navy will always be the biggest reason we continue to excel."

BLUF: It may be your ACT that saves a life.

Suicide Prevention is not about numbers. Suicide is the third leading cause of death in the Navy, and one Sailor lost to suicide is too many. Shipmates as well as family members are the first line of defense when it comes to recognizing when something's wrong, and know the best way to talk about it. In sum...ACT:

Ask what is bothering the person and press them to overcome any reluctance to talk about it. Don't judge.

Care – listen, offer hope. Suicidal feelings are temporary, depression can be treated.

Treat – Take action, get assistance, and follow up. Take the person to get help. Do not leave them alone until help is available. Take action.

Third Classes Can Now Assist Financial Specialists

BLUF: Navy is expanding helpful financial

knowledge.

A new pilot program from Commander, Navy Installations Command (CNIC) has been launched to increase the level of financial knowledge and training to Sailors at the E-4 level. Third Class Petty Officers who want to be assistants to their Command Financial Specialist (CFS) may submit their request for formal training through their local Fleet and Family Support Center's (FFSC) Personal Financial Management (PFM) counselors. Studies indicate 18-23 year old Sailors make many of their financial decisions through recommendations of peers. Command Financial Specialist E-4 (CFS-E4) trained Sailors can mentor and influence fellow junior Sailors on financial investments and guidance.

More information about qualifications and applications may be found through NPC and NAVADMIN 318/11.

Hooyah!
MCPON

Resident Life

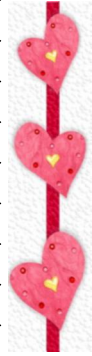
Resident Recognition

HomePort Hampton Roads would like to recognize Christopher Elliott stationed on the USS Iwo Jima in Norfolk, VA.. Christopher's Mom, Dad and four brothers live in his home town of Festus, MO.

Christopher has lived in PPV housing for three and a half years. He says he loves it because it keeps you relaxed.

His plans are to finish his tour in the US Navy and attend Culinary School to become a Chef. He enjoys cooking, golf and the company of good friends. His favorite sports team is the St. Louis Cardinals.

Thanks for your support Chris



Super Bowl Sunday
February 5th

Events to be held at buildings SP-29,
Iowa Estates Mid Rise and Newport
News.

Free food and drinks will be provided.
Kickoff at 6:30 p.m.

Giants vs. Patriots

7	2	6	9		1
	6	1	5		7
	1		8	2	3
			3		5
		8		7	1
			2		9
	9		7		
	4	6	1		
		8	5		4

Sudoku
Puzzle



Employee Recognition

HomePort Hampton Roads would like to say thanks to Scott McKenney a service desk team member.

Scott takes great pride in his work and is always jovial while helping residents or co-workers. He has been with HHR for six months and takes his job very seriously. Most of the time Scott works out of our Newport News property.

Scott is originally from Portland, Maine but now resides in Hampton, VA. with his four children.

In his spare time Scott enjoys fishing and watching football. Scott is very excited that his favorite football team the New England Patriots are going to the Super Bowl.

Thank you for all your hard work Scott..

Great Job Scott!



HomePort Hampton Roads
1274 Cowan Street
Norfolk, VA 23511
WWW.HOMEPORTHR.COM

Tom Weber
Director of Housing Operations

Larry Herndon - AGM / Broker
 757-305-9287
 lherndon@studenthousing.com

Taco Villarial - AGM
 757-402-4217
 avillarial@studenthousing.com

BOOKKEEPING
 Sandra Barnes 402-4233
 Gloria Woodmore 402-4234
 Vickie Osborne 402-4230
 Hours Mon - Fri 0730 - 1600

ACTIVITIES
Mary McQuesten - Activity Director
 757-233-4291
 mmcquesten@studenthousing.com

MAINTENANCE
Ben Banks - Facility Manager
 Iowa Estates - 757-282-6082
Todd Spencer - Facility Manager
 NAVSTA - 757-402-4218
 Newport News - 757-327-0357
 Hours Mon - Fri 0700 - 1530

SERVICE DESK
Yolanda Strand - Service Desk Manager
 J 53 757-402-4245 / 4246
 NH-141 757-402-4252 / 4253 3pm-7am
 Newport News 757-534-7710
 Iowa Estates 757-228-5232 / 233-3302

LEASING
Holley Ayres - Leasing Manager
 Bldg. Miller Hall (U-16)
 1274 Cowan Street
 757-402-4247 / 4248 / 4256
 Mon - Fri
 0730 - 1600
 Sat 0800 - 1200

Please arrive 1 hour prior to closing time to complete paperwork for lease signings

SECURITY U-16, U-20, SP-29
 757-592-2248



NAVAL STATION NORFOLK LIBERTY PROGRAM 2012

This Ski package is just one of the great trips Liberty has planned for 2012. Be on the look-out for additional trip flyers scheduled for the new year.

For information or questions on these trips or other events that are offered please call
 444-4033.

 **Game Day Chili** 

READY IN: 50 MINUTES - PREP TIME: 20 MINUTES - COOK TIME: 30 MINUTES

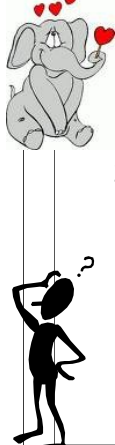
INGREDIENTS – Serves 4

- 1 pound ground beef, 85% lean (or more)
- 2/3 cup chopped onion • 1 garlic clove, minced
- 1 (14.5-ounce) can diced fire roasted tomatoes, undrained
- 1 cup water • Sour cream or plain yogurt
- 3 tablespoons chili powder (not a chili powder blend)
- 1 teaspoon unsweetened cocoa powder
- 1 teaspoon ground cumin • 1 teaspoon salt
- Cilantro, chopped • Green or red onions, chopped
- Cheddar or Monterey Jack cheese, shredded


DIRECTIONS

Cook beef in a large Dutch oven over medium high heat until browned, stirring to crumble, about 5 minutes. Add onion and garlic to pan; cook 4 minutes, until tender. Add tomatoes, water and seasonings and bring to boil; lower heat, then cover and simmer gently for 10 minutes. Remove the cover and simmer over low heat until thick, about 3-5 minutes. Taste for seasonings and serve with toppings, as desired.

Three Alarm Chili - At Step 4, add: 2 teaspoons molasses; ½ teaspoon instant coffee; ½-1 teaspoon cayenne pepper, or more to taste. ENJOY!

Trivia

1. What is the set of fans at the front of a jet engine called?
2. Who played defensive back for the New York Giants before he coached the Cowboys?
3. What did the "S" stand for in Harry S Truman's name? 
4. How many U.S. presidents played a role in Vietnam's civil war?
5. Where was the first Super Bowl Held?

Happy Birthday from HHR!

Jackie Ramey - 2/1
Sean Lewis - 2/1
Christopher Nailon - 2/6
Steven Perry - 2/12
Yasmeen Williams - 2/12
Rufus Riddick - 2/13
Rudi Church - 2/15
Kelsey Berkeyheiser - 2/15
Preston Tate - 2/16
Thomas Thatcher - 2/20
Latoya Taylor - 2/24

Staff Birthdays

Sudoku Solution



7	3	2	6	4	9	8	5	1
8	6	4	1	5	3	2	9	7
9	1	5	7	8	2	3	4	6
4	2	7	9	3	1	5	6	8
5	9	3	8	6	7	4	1	2
6	8	1	4	2	5	7	3	9
1	5	9	2	7	4	6	8	3
2	4	6	3	1	8	9	7	5
3	7	8	5	9	6	1	2	4

- Trivia Answers
1. Compressor
 2. Tom Landry
 3. Nothing
 4. Five
 5. Los Angeles

Free Tickets

If you like hockey or soccer we have a sweet deal for you. Two complimentary tickets to either a Norfolk Admirals Hockey game or the Norfolk Sharx Indoor Soccer game. Tickets are available at the service desks at Bldg. J-53 or the Mid Rise. Hope to see you at a game.

Activities Alley

The **3rd Tuesday of every month** is the new resident meeting, at this time you will have a chance to meet your community assistants and other residents. You will be given information on HHR's activities, local events, places of interest and have the opportunity to ask any questions you may have. We are delighted that you have chosen HHR as your new home and look forward to having you as a resident.



Let us know what you need or want.

Locations: Carter Hall, Bldg. J-53 & Iowa Estates Mid Rise classroom - Free Pizza - 7:00 p.m.



Help Support Special Olympics

**Come out to the
20th Annual Polar Plunge 2012**

Friday February 3rd

6:00 p.m. to 10:00 p.m.

Friday Night Plunge Party 7th street

Saturday February 4th

7:00 a.m. to 3:00 p.m.

7:00 a.m. - 5K Registration

8:30 a.m. - 5K along Boardwalk

10:30 a.m. - Sand sculpting

11:00 a.m. - Opening Ceremony

Noon - Costume Parade

1:15 p.m. - Costume Contest

2:15 p.m. - "How to Survive the Plunge"

2:30 p.m. - THE PLUNGE

5-9 p.m. Saturday Night Beach Bash

Event location: Virginia Beach Oceanfront

6th - 9th Street, Virginia Beach

<http://www.polarplunge.com/>



February 2012 calendar

Bldg. C-9



- Wednesday - February 1st - PS3 Tournament
- Thursday - February 2nd - Spades Tournament
- Saturday - February 4th - UFC 143
- Sunday - February 5th - Super Bowl Party
- Monday - February 6th - Pool Tournament
- Wednesday - February 8th - Free Movie Main Gate Theater
- Friday - February 10th - Ping Pong Tourney
- Saturday - February 11th - Wintergreen Ski Trip
- Tuesday - February 14th - Pistol Qualification
- Wednesday - February 15th - Xbox 360
- Thursday - February 16th - Texas Hold'em
- Saturday - February 18th - Dominoes Tournament
- Sunday - February 19th - WWE: Elimination Chamber
- Monday - February 20th - Presidents Day Holiday Hours
- Wednesday - February 22nd - Free Movie Main Gate Theater
- Friday - February 24th - Foosball Tournament
- Saturday - February 25th - UFC: 144
- Tuesday - February 28th - Rifle Qualifications \$50.00
- Wednesday - February 29th - Wii Tournament

Call 444-4033 for more information.

CONTROL

Do not give your room key to anyone.

Be in control of your space.
If someone else has your key they have control.
But you will be held responsible.

Transferring From

Ship to Shore or Vice Versa...

Please remember to bring a copy of your transfer orders to the Leasing Office when you check into your new Command. **If you fail to do so, your BAH will be stopped as this changes your PSD designation.** We can only restart it with a copy of your orders and this can take up to 30 days to process.



NOTICE



PER YOUR LEASE
NO GUNS OR WEAPONS OF ANY KIND ARE ALLOWED ON HHR PROPERTIES.
VIOLATIONS ARE SUBJECT FOR
EVICTON

Guests must be accompanied by their sponsoring resident at all times. You are responsible for your guest.



To create and use the ACCWAY account, you **MUST** use the same email address you provided to the leasing department at lease signing.

“THIS IS THE EMAIL ADDRESS ON YOUR LEASE.”

How to Submit an Online Service Request

Go to <https://www.accway.com>. This website will take you to the “Welcome to the American Campus Communities Resident Portal.”

1. If you have not already created an account, click “DON’T HAVE AN ACCOUNT YET” under Log In.
2. Enter the personal information requested. Be sure to enter the email address stated on your application, your last name, date of birth and the last four digits of your social security number.
3. Upon completion of creating your new account, check your email! Receive conformation of your new pass word.
4. Log back on to <https://www.accway.com> and access the portal using your new pass word.
5. Your general lease information will appear on your home page. Go to the Service Request tab.
6. Enter the information regarding your service request and click “SUBMIT SERVICE REQUEST” at the bottom of the page.

Your service request has been submitted!

Enter as much detail as possible when submitting a service request on line. If you have any questions refer to the “Resident Portal FAQ” sheet or call Service Desk at

757-402-4245/4253.

NOTE

The Resident Portal is NOT for emergency work orders.

You must submit emergency works orders by calling the Service Desk at (757) 402-4245 / 4253

Fire Alarms

When fire alarms sound you **must** leave the building.

Do not disarm the fire alarm, it is against the law.



Move-out Policy

When moving out of PPV Housing you are required to give HHR a 30 day written Notice of Intent to Vacate in person. They will then schedule pre-inspection and set the date for final inspection.

You will be responsible for any damages or cleaning needing to be done. Upon check out you will turn in your access card, room key and parking permit. HHR staff will coordinate the suspension of the allotment.

This process should ensure your pay will not be affected after you move out.

Leasing office: Miller Hall U-16, 1274 Cowan St.

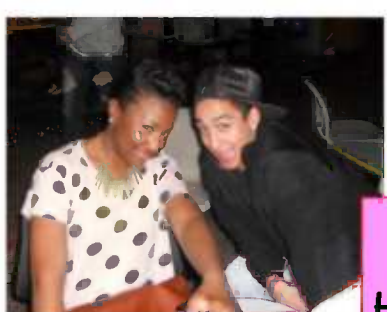
Being Discharged Soon?

If you are; there are some things you should know. First, you need to complete a Notice to Vacate with our Leasing Department and second, you need to see the bookkeepers regarding your final rent payment. The primary reason behind this...PSD will stop your allotments 30 days prior to your discharge date and due to this fact, you will receive your BAH in your check. Remember, your BAH covers your PPV rent and normally comes to us via allotment. Since the BAH will be in your checking account you need to pay your PPV rent directly! If you vacate without properly settling your account and if we don't hear from you within 45 days, your account will be turned over to Norfolk General District Court for collections. As a note; you are entitled to and will receive your BAH until the last day on active duty. **It is your responsibility to ensure your rent is paid prior to being discharged.** HHR bookkeepers are available to answer any of your questions.

They can be contacted Monday – Friday, 0730 – 1600 at 757-402-4230/33/34.



Free
Bowling
2nd Tuesday
of
Every month
@ Pierside
Lanes
6:30 p.m.
Prizes &
Free pizza



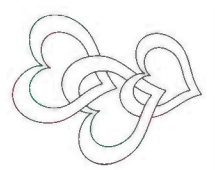
All events are free to
HomePort Hampton Roads
Residents






February 2012

NORFOLK



Sun	Mon	Tue	Wed	Thu	Fri	Sat
HomePort Hampton Roads would like to invite you to join the fun at all our activities at no cost to you. Food, Fun and Prizes Hope to see you there!						
5 SUPERBOWL SUNDAY PARTIES @ MID RISE & BLDG. SP-29 6:00 P.M.	6 Breakfast On the Go! Bldg. U-16 6:00 a. m.	7	8 Pool Tournament Food & prizes Cole Village 7:00 p.m.	9	10 Movie Night "Courageous" Bldg. J-53 8:00 p.m.	11 Air Hockey Food & prizes Bldg. U-16 7:00 p.m.
12 Poker Game Snacks & prizes Bldg. U-20 4:00 p.m.	13  14 Valentine's Day Free Bowling Pierside Lanes Free pizza & Prizes 6:30 p.m.	15	16	17	18	
19 Fooz Ball Food & Prizes Cole Village 6:00 p.m.	20	21 New Residents Meeting J-53 & Mid Rise Free pizza 7:00 p.m.	22 TAX QUESTIONS ANSWERED Fleet & Family and Cooking 101 Location: Mid Rise 5:30 p.m.	23	24	25 Bingo Snack & prizes Bldg. NH-141 7:00 p.m.
26 Daytona 500 Party Snacks Bldg. U-16 & SP-29 1:00 p.m.	27 Pool Tournament Snacks & prizes Bldg. J-53 7:00 p.m.	28 Breakfast On the Go! Bldg. U-20 6:00 a.m.	29 Play it live Scrabble Tourney Snacks & prizes Bldg. U-20 6:30 p.m.	Free Yoga Classes Tuesday & Thursday @ 6:00 p.m. Mid Rise		HomePort Hampton Roads 1274 Cowan Street Norfolk, VA 23511 757-402-4245

HomePort Hampton Roads Newsletter is available on HHR's website & Facebook.