

Making Waves



January 2011 Volume 4 Issue 1
January is National Mentoring Month



Richard Mercado

Employee Recognition

HomePort Hampton Roads would like to say thanks to Lorna Robillard for all her support. Lorna works as a service desk assistant as well as helping our leasing and activities departments. Lorna has been with HHR for 3 years.

Lorna grew up in Rhode Island with 4 brothers and 1 sister. She has 2 sons, 1 daughter, and 3 grandchildren who she loves spending time with.

Her favorite sport teams are the New England Patriots (Go Pats) and the Boston Red Sox. Lorna loves riding her motorcycle in the warmer weather and is always helping someone.

Plans for the future are to be happy and carefree.

Thanks for all your support Lorna!
Great Job!

Resident Recognition

HomePort Hampton Roads would like to recognize Richard Mercado from VAW-121. This is Richards 3rd time living in PPV and he thinks it is awesome living in Iowa Estates.

Richard has been in the Navy for 2.5 years and plans on making the Navy his career. He wants to be an Officer in the U.S. Navy.

Richard is from the Bronx, New York and has 1 brother and 1 sister. He likes bowling, pool, cards and playing or watching volleyball.

It is our pleasure to have you living in PPV Housing.

Thanks Richard for your support.
HomePort Hampton Roads wishes you the best.



Lorna Robillard

HomePort Hampton Roads
wishes you and your
family a
Happy and safe
New Year



- Pg 1 Notices
- Pg 2 Resident Life
- Pg 3 Director's Corner
- Pg 4 Contacts
- Pg 5 Birthdays
- Pg 6 Information
- Pg 7 Photos
- Pg 8 Calendar



NEW YEAR'S DAY CAKE

- 1 1/2 c. sugar
- 4 egg yolks
- 2 3/4 c. cake flour
- 1 c. milk
- 1 c. raisins
- 1/2 tsp. salt
- 1 c. coconut
- 1 1/2 c. slivered blanched almonds
- 1 c. butter
- 1 1/2 tsp. vanilla
- 2 tsp. baking powder
- 4 egg whites
- 1 tbsp. cinnamon
- 1/2 tsp. cloves
- 1/4 tsp. salt



Mix butter and sugar until creamy. Beat in egg yolks, 1 at a time. Add vanilla. Sift and add flour, baking powder and salt in 3 parts, alternating with the milk. Beat until smooth after each addition. Whip the egg whites until stiff, but not dry with 1/4 teaspoon salt. Fold lightly into the batter.

Divide the batter into 2 equal parts. To the first add the coconut and 1 cup of almonds. To the second half, add raisins that were shaken in flour. Then add the rest of the nuts. Add the cinnamon, nutmeg and cloves to this half. Bake in 2 round greased and floured pans, cool and frost with your favorite frosting. Bake at 350 degrees for 45 minutes.

Chicken Chili Recipe

(Makes 12 Quarts)

- 2 large onions
- 1/2 Vidalia onion
- 2 green bell peppers
- 4 stalks celery
- 1/2 bag baby carrots diced
- 2 tablespoons garlic minced or jar minced
- 2 lbs ground chicken
- 2 large cans of Hunts crushed tomatoes
- 2 large cans of Delmonte diced tomatoes
- 1 large can of Hunts tomato paste
- 3 cans Bush's Navy beans
- 2 bay leaves
- 1 1/2 tablespoon cumin
- 1 1/2 teaspoon paprika
- 2 teaspoons Chili Powder
- 1/4 teaspoon Cyan Pepper to taste
- 2 table spoons Brown Sugar
- 1 table spoon Memphis BBQ spice (pick up at the Dollar store)
- 1 Can Rotel diced tomatoes and green chilies



Chop onions, peppers and celery and sauté (make sure they are cooked soft) in 2 tablespoons Butter or Olive oil and garlic add cumin, paprika, chili powder, and bay leaves. Put in bowl.

Cook chicken, in same pan with 2 tablespoons Olive oil or butter and a ladle of the onions mixture.

When Chicken is cooked, add the rest of the onion, pepper, and celery and garlic mixture. Add tomatoes and Rotel (don't drain can) stir well, add beans (don't drain can) and Cook over **low heat** for about 30 to 45 minutes. Cooking any higher will burn the bottom of the pan and ruin the entire stock.

Enjoy with Corn Bread, tortilla chips, sour cream, shredded cheese (Mexican blend).

Space heater safety tips

- Keep all space heaters at least 3 feet away from household combustibles.
- Use space heaters only as a supplementary source of heat. These devices are not intended to replace the home's heating system.
- Do not use extension cords with space heaters unless absolutely necessary.
- Inspect the heater's cord periodically to look for frayed wire or damaged insulation. Do not use a space heater with a damaged cord.
- Heaters should be placed on a flat, level surface. Do not place heaters on furniture since they may fall and become damaged or break parts in the heater.
- Look for the UL Mark on your electric heater. Which means samples of the appliance have met UL's stringent safety standards.

			2					5
9		6			3			4
	2			1		9		
		3		6				5
	5		9			7		8
4					1			
	7					6		
			3		4			
		5						1

Sudoku Puzzle mp5

Resident Advisory Board Meeting is the 2nd Thursday of the month.
Location: Mid Rise 1st floor classroom 4:00 p.m.

What would you like done?
 Ideas & Suggestions welcome.



U.S. Navy Trivia



- What title belongs to an 0-5 in the U.S. Navy?
- What year was the USS America (CV-66) decommissioned?
- What does the term "geedunk" mean in the U.S. Navy?
- In what year was the dental tech insignia merged with the hospital corpsman insignia in the U.S. Navy?
- What year was the first U.S. Aircraft Carrier commissioned?

Director's Corner

Shipmates,
Happy New Year!

Although it is the beginning of a new year, you of all people know the routine never changes; so to those of you leaving us for a deployment, the staff at HomePort Hampton Roads wish you "Fair Winds and Following Seas." For those of you currently residing with us, let us know how to improve. For those of you who just moved in "Welcome" and we hope you enjoy your stay. Wherever stationed, "Please Stay Safe!"

Just a couple friendly reminders – For those of you living at the manor homes; ensure all your access doors are locked and secured. This includes not only your front door, but your patio door; a door easily forgotten due to the living room blinds. An unlocked patio door provides opportunity and easy access to your unit. Don't become a robbery statistic or worse; make it a habit to always check and lock your doors even when you are inside your unit.

State fire codes prohibit use of BBQ grills on balconies. Therefore, operation of grills on balconies is "NOT" authorized. Now, if you are interested in cooking those T-bone steaks; bring the grill to the ground floor, ensure a safe distance from the house and grill away. The important take away here is... "safety." Yours!

NOTE: You may store your grills on the balcony.

Hope to see you soon at some of our activities.

Director of Operations



Shipmates,

As we bring 2010 to a close, please remember to keep safety at the forefront of your daily activities both on and off duty. We've had a great year in safety, and I want to see you continue this trend throughout 2011.

BLUF: SRBs are not guaranteed for the life of your career, so take advantage of them if eligible when you qualify.

NAVADMIN 300/10 updates the Selective Reenlistment Bonus (SRB) award levels for Active Component and Full Time Support. While the SRB program continues to be the Navy's primary monetary incentive to encourage Sailors with critical skills and valuable experience to stay Navy, the Navy must remain within Congressionally-authorized funding limits. As reenlistment goals for particular skills are achieved, SRB award levels for those skills will drop from the plan, but no earlier than 30 days following the release of a NAVADMIN announcing the change. Sailors are encouraged to take advantage of SRB as soon as eligibility requirements have been met.

BLUF: Remember the old saying, "Loose lips sink ships."

Department of the Navy personnel must ensure classified National Security Information (NS) is only shared with those who have an authorized clearance, access, need to know and only via authorized channels and systems. Activities to the contrary have the potential of placing our fellow Sailors, Marines and civilians at risk and will not be tolerated.

Happy Holidays, and HOOYAH!

MCPON

Driving safely on icy roads.

1. Decrease your speed and leave yourself plenty of room to stop. You should allow at least three times more space than usual between you and the car in front of you.
2. Brake gently to avoid skidding. If your wheels start to lock up, ease off the brake.
3. Turn on your lights to increase your visibility to other motorists.
4. Keep your lights and windshield clean.
5. Use low gears to keep traction, especially on hills.
6. Don't use cruise control or overdrive on icy roads.
7. Be especially careful on bridges, overpasses and infrequently traveled roads, which will freeze first. Even at temperatures above freezing, if the conditions are wet, you might encounter ice in shady areas or on exposed roadways like bridges.
8. Don't pass snow plows and sanding trucks. The drivers have limited visibility, and you're likely to find the road in front of them worse than the road behind.
9. Don't assume your vehicle can handle all conditions. Even four-wheel and front-wheel drive vehicles can encounter trouble on winter roads.

ACTIVITIES ALLEY

Thanks to all our HomePort Hampton Roads residents who joined in on the activities HHR sponsored. It was a pleasure to meet and get to know each of you. 2010 was a very busy year for HomePort Hampton Roads activities and we know 2011 will be even better.

Look forward to seeing you at the events.

Call or Email: mmcquesten@studenthousing.com 757-233-4291

Check the monthly newsletter for events and dates.

Mary McQuesten - Activities Director

HomePort Hampton Roads
1274 Cowan Street
Norfolk, VA 23511
WWW.HOMEPORTHR.COM

Tom Weber
Director of Housing Operations

Larry Herndon - AGM / REALTOR®
 757-305-9287
lherndon@studenthousing.com

Taco Villarrial - AGM
 757-402-4217
avillarrial@studenthousing.com

BOOKKEEPING

Sandra Barnes 402-4233
 Gloria Woodmore 402-4234
 Vickie Osborne 402-4230
 Hours Mon - Fri 0730 - 1600

Mary McQuesten - Activity Director
 757-233-4291
mmcquesten@studenthousing.com

MAINTENANCE

Ben Banks - Facility Manager

Jim Vick - Facility Manager
 Norfolk - 757-402-4238
 Iowa Estates - 757-351-0089
 Newport News - 757-327-0357
 Hours Mon - Fri 0700 - 1530

SERVICE DESK

Yolanda Strand - Service Desk Manager
 J 53 757-402-4245 / 4246
 NH-141 757-402-4252 / 4253 3pm-7am
 Newport News 757-534-7710
 Iowa Estates 757-233-3302 / 228-5232

LEASING

Holley Ayres - Leasing Manager
 Bldg. Miller Hall (U 16)
 1274 Cowan Street
 757-402-4247 / 4248 / 4256
 Mon & Fri 0730-1600
 Tues 0730 - 1700
 Wed 0730 - 1800
 Thurs 0730 - 1730
 Sat 0800 - 1200

SECURITY

U-16, U-20, SP-29
 757-592-2248
 Monday - Thursday 1600 - 0730
 Friday 1600 to Monday 0730

**HomePort Hampton Roads
 Community Assistants**

- Kurt Jefferson - Newport News
- Chris Nailon - Newport News
- Andy Shelton - Cole Village
- Ian Tallman - Cole Village
- Gilbert Armijo - Bldg. U-20
- Jean Previllon - Bldg. U-20
- Sean Lewis - Bldg, U-20
- Michael Singleton - Bldg. SP-29
- Calvin Crawford - SP-29
- Matthew Huff - NH-141
- Tyrone Hill - Bldg. J-53
- Patrick Reynolds - Bldg. J 53
- Jackie Ramey - Bldg. U-16
- Lyle Treese - Bldg. U 16
- Jason McGaughey - Iowa Estates Manor
- Jose Hernandez - Iowa Estates Manor
- Raymond Marquis - Mid Rise
- Ron Campbell - Mid Rise
- Eric Gray - Mid Rise
- Sean Campbell - Mid Rise
- Charles Friday - Mid Rise
- Catarino Briones - Mid Rise



NOTICE

**PER YOUR LEASE
 NO GUNS OR WEAPONS
 OF ANY KIND ARE
 ALLOWED ON
 HHR PROPERTIES.
 VIOLATIONS ARE
 SUBJECT FOR
 EVICTION**

Answers to Trivia

- Commander
 1996
- Candy
 2005
- 1922



Overnight Guests at HomePort Hampton Roads properties must be at least 16 years old.



Shanell Jones	1-Jan	Cameron Volle	7-Jan	Erin Boyce	12-Jan	Alonzo Peacock	17-Jan	Alexander Corral	23-Jan	Rodney Calton	27-Jan
Bradley Jones	1-Jan	Jonathan Looms	8-Jan	Nicole Casanova	12-Jan	Anna Sealey	17-Jan	James Bates	23-Jan	Robert Krauss	27-Jan
Nicholas Stanbery	1-Jan	Tiffany Thompson	8-Jan	Michael Morendar	12-Jan	Travis Haegle	17-Jan	Rikki Robinson	23-Jan	Jason Oliveros	27-Jan
Matthew Gibbons	1-Jan	Adriana Hazard	8-Jan	Sean Campbell	13-Jan	Michael Sterrett	17-Jan	Kayla Palmer	23-Jan	Jeffrey White	28-Jan
Rodriana Arrington	1-Jan	Joshua Castaneda	8-Jan	Kenton Brixey	13-Jan	Smantha Myhre	17-Jan	Bobby Mcniff	23-Jan	Mitchell Adams	28-Jan
Tristen Miliken	1-Jan	Milly Williams	9-Jan	Alesi Tevaga	13-Jan	Sarah Abrams	18-Jan	Louis Santana	23-Jan	Juan Romeroarroyo	28-Jan
Breyunia Williams	1-Jan	Orazio Coco	9-Jan	Andrew Davis	13-Jan	Ronne Chasson	18-Jan	Adam Caldwell	23-Jan	Arianna English	28-Jan
John Macdavit	2-Jan	Christopher Smothers	9-Jan	Abiola Ayegunle	13-Jan	Shakeeta Williams	18-Jan	Youldine Adam	23-Jan	Doran Branchducioame	28-Jan
Neil Silva	3-Jan	Krystal Jones	9-Jan	Troy Browning	13-Jan	Jose Cisneros	18-Jan	Christon Roberts	23-Jan	Bryan Dhondt	28-Jan
Kevin Brands	3-Jan	Margarita Panayotova	9-Jan	Cameron Schumacher	13-Jan	Keith Maharrey	18-Jan	Jessica Chomistek	23-Jan	Alexander Shiver	28-Jan
Jarek Tobos	3-Jan	Lavada Mcdaniels	9-Jan	Monette Lee	13-Jan	Bryan Rhodes	18-Jan	Eluahwon Mcmillian	23-Jan	Kunshu Li	29-Jan
Phillip White	3-Jan	Troy Valdez	9-Jan	Deandre Harrissmith	13-Jan	Justin Lucero	18-Jan	David Kephart	23-Jan	Kaleb Fletcher	29-Jan
Christopher Frey	3-Jan	Banjamin Haight	9-Jan	Collin Robertson	13-Jan	Dannielle Chase	18-Jan	Chang Ye	24-Jan	Chue Yang	29-Jan
Cory Sneith	3-Jan	Alec Mcbean	9-Jan	Edward Gundy	13-Jan	James Lisofsky	18-Jan	Matthew Siembida	24-Jan	Kevin Greaves	29-Jan
Christopher Connell	4-Jan	Jonathen Carter	10-Jan	Nicholas Bacher	13-Jan	Devin Watters	19-Jan	Brandon Compo	25-Jan	Alyssa Lemay	29-Jan
Travis Carstens	4-Jan	Ayesha Bazile	10-Jan	James Watson	13-Jan	James Kaye	19-Jan	Isaiah Edwards	25-Jan	Jahmar Hodge	29-Jan
Lavette Williams	4-Jan	Barry Poole	10-Jan	Aquil Clemons	13-Jan	Jerricho Mendez	19-Jan	Vincent Calvo	25-Jan	Cody Bass	29-Jan
Lorrian Baker	4-Jan	Nathan Neitsch	10-Jan	Jose Garza	13-Jan	Aaron Conner	19-Jan	Gregory Alexander	25-Jan	Luke Easterday	30-Jan
Samuel Buchanan	4-Jan	Roland Williams	10-Jan	Jamaal Peavy	14-Jan	Hank Cluck	19-Jan	Michael Bottomley	25-Jan	Omar Broome	30-Jan
Brian Calix	4-Jan	Raven Secondine	10-Jan	Lawrence Childs	14-Jan	Michael Young	19-Jan	Nicholas Lankford	25-Jan	Calvuin Hines	30-Jan
Brandon Bolton	4-Jan	Steven Giles	11-Jan	Marcus Brantley	14-Jan	Adam West	20-Jan	Rashida Selby	25-Jan	Sharifa Anderson	30-Jan
Robert Stawara	4-Jan	Johnathan Watford	11-Jan	Emily Turrell	14-Jan	Nino Castaneda	20-Jan	Brian Leyva	25-Jan	William Soto	30-Jan
Kyle Bailey	4-Jan	Andrew Roth	11-Jan	Nicholas Martin	14-Jan	Darren Hartman	20-Jan	Daniel Wesner	26-Jan	Lorenzo Booth	30-Jan
Audra Dailing	4-Jan	Matthew Martin	11-Jan	Chervonda Johnson	14-Jan	Shuntell Hamberlin	20-Jan	Karen Oliva	26-Jan	Brittany Johnson	30-Jan
Jeremy Kelley	4-Jan	Stephanie Romine	11-Jan	Faavevela Faasee	15-Jan	Kurt Davidson	20-Jan	Mario Williams	26-Jan	Justin Merriam	30-Jan
James Rushing	5-Jan	Jobey French	11-Jan	Gil Ryerson	15-Jan	Ashley Hiriarte	20-Jan	Norman Newson	26-Jan	Daniel Holmes	30-Jan
Michael Martinez	5-Jan	Luis Herrera	11-Jan	Joshua Eisengart	15-Jan	Alexander Kosmalski	20-Jan	Brett Pencar	26-Jan	Raven Jackson	30-Jan
Jeffrey Markel	5-Jan	Justin Cassasola	11-Jan	Jordan Richardson	15-Jan	Halbert Her	20-Jan	Douglas Lewis	26-Jan	Andrew Newlan	31-Jan
Christopher Blue	5-Jan	Justin Evans	11-Jan	Jeremy Carson	15-Jan	Deniqua Williams	20-Jan	Michael White	26-Jan	Kevin Flores	31-Jan
Joseph Burlingame	5-Jan	Pralesh Chand	11-Jan	Hannibal Johnsonbey	15-Jan	Andrew Mutchler	21-Jan	Brandon Batemon	26-Jan	Kenyetta Lacue	31-Jan
Lauren Waldron	5-Jan	Sean Fisher	11-Jan	Michael Allen	15-Jan	Jacob Lemke	21-Jan	Linwood Wilson	26-Jan	Taylor Thompson	31-Jan
Andrew Beauregard	5-Jan	Justin Boulware	11-Jan	Emma Beeching	15-Jan	Shawn Wiley	21-Jan	Kristin Gilbert	26-Jan	James Ham	31-Jan
Matthew McQueary	6-Jan	Christopher Paul	11-Jan	Brian Puryear	15-Jan	Parker Carter	21-Jan	Dennis Thomas	26-Jan	Diondre Williams	31-Jan
Adam Pordash	6-Jan	Keenan Goodrich	11-Jan	Amanda Fehringer	15-Jan	James Dodrill	21-Jan	Toby Nutter	26-Jan		
Danielle Piggstone	6-Jan	Matthew Perkins	11-Jan	Samuel Cantrell	16-Jan	Andre Lewis	21-Jan	Jasmine Mcclendon	26-Jan		
James Venters	6-Jan	Lashawna Wills	12-Jan	Michael Matarazzo	16-Jan	Timmy Floyd	21-Jan	Clarence Kollie	27-Jan		
Matthew Dorland	6-Jan	Toby Dunnagan	12-Jan	Larry Robinson	16-Jan	Jose Rodriguez	22-Jan	Craig Maley	27-Jan		
Nathan Irrgang	6-Jan	Leonardo Leal	12-Jan	Heather Conrad	16-Jan	Ryan Deppe	22-Jan	Robert Hardman	27-Jan		
Brandy Phillips	7-Jan	Scott Gibbs	12-Jan	Michael Wilborn	16-Jan	Marcelle Hazzard	22-Jan	Chase Bourgeois	27-Jan		
Franklin Pollydore	7-Jan	Jerell Mays	12-Jan	Francisco Motavarez	16-Jan	Aaron Wilson	22-Jan	Darrell Johnson	27-Jan		
Gregory Anthony	7-Jan	William Damron	12-Jan	Sean Hickey	17-Jan	Jonathan Godlove	22-Jan	Brandon Goins	27-Jan		
Walter Bermudez	7-Jan	Cameron Johnson	12-Jan	Jessica Saucedo	17-Jan	Trevor Roach	22-Jan	Scott Thomas	27-Jan		
Brandon Portell	7-Jan	Eric Brownlee	12-Jan	Jorge Gonzalez	17-Jan	Kenneth Croll	22-Jan	Samantha Mcintosh	27-Jan		
Cassy Buffington	7-Jan	Bianca Proctor	12-Jan	Gerardo Kosonoy	17-Jan	Fred Dunn	22-Jan	Xieanne Koehl	27-Jan		
Samuel Marquez	7-Jan	Michael Klaus	12-Jan	Chelsea Celebi	17-Jan	Brian Desimone	23-Jan	Ryan Benson	27-Jan		

January Birthdays

Happy Birthday



NAVAL STATION NORFOLK



Saturday, January 22 & February 26

Cost includes transportation, ski or snowboard rentals and lift ticket (meals are NOT included).

COST PER PERSON:
 E1 to E3, \$55 | E4 to E6, \$65
 E7 and up, \$85 | Civilian guest, \$95

Call 444-4033 for details.

Open to active duty and one guest 18 or older.
 Meet at 4 a.m. inside building C-9 main lobby on the day of the trip.

Move-out Policy

When moving out of PPV Housing you are required to give HHR a 30 day written Notice of Intent to Vacate in person. They will then schedule pre-inspection and set the date for final inspection. You will be responsible for any damages or cleaning needing to be done. Upon check out you will turn in your access card, room key and parking permit. HHR staff will coordinate the suspension of the allotment. This process should ensure your pay will not be affected after you move out. Leasing office: Miller Hall U 16, 1274 Cowan St.



How to Submit an Online Service Request

Go to <https://www.acway.com>. This website will take you to the "Welcome to the American Campus Communities Resident Portal."

1. If you have not already created an account, click "DON'T HAVE AN ACCOUNT YET" under Log In.
2. Enter the personal information requested. Be sure to enter the email address stated on your application, your last name, date of birth and the last four digits of your social security number.
3. Upon completion of creating your new account, check your email! Receive conformation of your new password.
4. Log back on to <https://www.acway.com> and access the portal using your new pass word.
5. Your general lease information will appear on your home page. Go to the Service Request tab.
6. Enter the information regarding your service request and click "SUBMIT SERVICE REQUEST" at the bottom of the page.

Your service request has been submitted!

Enter as much detail as possible when submitting a service request on line. If you have any questions refer to the "Resident Portal FAQ" sheet or call Service Desk at 757-402-4245/4253.

NOTE

The Resident Portal is NOT for emergency work orders. You must submit emergency works orders by calling the Service Desk at (757) 402-4245 / 4253

7	3	4	2	9	8	1	6	5
9	1	6	7	5	3	8	4	2
5	2	8	4	1	6	9	7	3
2	9	3	8	6	7	4	5	1
6	5	1	9	4	2	7	3	8
4	8	7	5	3	1	2	9	6
3	7	9	1	8	5	6	2	4
1	6	2	3	7	4	5	8	9
8	4	5	6	2	9	3	1	7

Sudoku Solution

MacArthur Center Ice Skating
Location: Downtown Norfolk
near MacArthur Mall
Dates of Operation
 November 20, 2010 - January 17, 2011
www.macarthurice.com

5 New Years Resolutions for 2011

For 2011 make a [New Years resolution](#) that will actually make a difference in your life and others.

Here are 5 resolutions to consider for 2011.

#5. Eating Habits

Although it is old and tired, changing your eating/drinking habits remains an important resolution to consider.

#4. Exercise

Set a goal of times per week you head to the gym or a number of hours each week, these goals will increase your health and will not allow you to worry about specific weight loss goals.

#3. Random Acts of Kindness

Not only do you feel good while performing the deed, it helps others, and may results in them passing on your good deed to another.

#2. Volunteer

Charities are always in need, maybe it's time you give back..

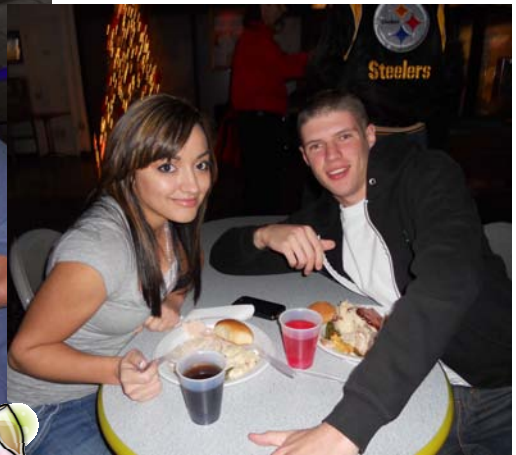
#1. Be Green There is no better time to help improve the environment than right now. Going 'green' has been a rising topic for the past few years, but there is still time to improve your habits to help the environment.



HomePort
Hampton Roads
Bldg. J 53 - Carter Hall
Took 2nd place in the
Holiday Decorama
Contest and received the
Sailors Choice Award



Free Bowling
2nd Tuesday Every month
Pierside Lanes



All
events are
free
to
HomePort
Hampton
Roads
Residents





January 2011

Norfolk



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Yoga Monday & Wednesday @ 5 pm Mid Rise	P90X Monday & Wednesday @ 7 pm Mid Rise	Zumba Tuesday & Thursday @ 7 pm Mid Rise				1 2011 NEW YEAR AHEAD
2	3 Ice Cream Social Bldg. J 53 5:00 pm	4 9 Ball Tournament Bldg. NH 141 6:30 pm	5 Breakfast on the Go Bldg. U 20 5:00 am	6 Poker Game Mid Rise 7:00 pm	7	8 Wii Bowling Bldg. SP 29 8:00 pm
9	10 Hot Chocolate & cookies Bldg. U 20 7:00 pm	11 Free Bowling Pierside Lanes 6:30 pm Pizza, soda, prizes 1 guest allowed	12 Breakfast on the Go Bldg. J 53 5:00 am	13 RAB Mtg. and CA Mtg. 4:00 pm Mid Rise Class-	14 Cooking 101 Bldg. U 16 6:00 pm	15
16	17 Martin Luther King Jr. Ben Franklin's Birthday Day	18 Welcome New Residents Birthday Cards 7:00 pm	19 Breakfast on the Go Bldg. NH 141 5:00 am	20 Fellowship Study Bldg. J 53 7:00 pm Chicken BBQ Bldg. J53 - 5:00 pm	21 8 Ball Pool Tournament Cole Village 7:00 pm	22 Spades Tournament Bldg. U 20 7:00 pm
23	24 Wii Sports Bldg. SP 29 7:00 pm	25 WII Tennis Bldg. J 53 7:00 pm	26 Breakfast on the Go Bldg. U 16 5:00 am	27 Wii Tennis Bldg. NH-156 7:00 pm	28	29
30	31 Ice Cream Social Bldg. U 16 7:00 pm				Free Food and Prizes at events	