



Making Waves

Director's Corner

Shipmates,

The end of May is a time to commemorate and pay tribute to all fallen airman, sailors, soldiers who died in the defense of this great nation. This year "Memorial Day" formerly known as "Decoration Day" will be celebrated on 30 May 2011.

Memorial Day Weekend often marks the start of the summer vacation season and is increasingly devoted to shopping, family picnics/togethers, fireworks and road trips.

Be prepared to enjoy the holiday safely, don't take anything for granted. Remember, alcohol and driving don't mix; have a designated driver or decide to spend the night if you had too much to drink; please don't become a statistic. If you plan on a cookout on the property, use the equipment provided in a safe manner. Please don't leave the area a mess; pick up and dispose of all trash properly. Also long trips require planning; don't drive beyond your physical limitations, take the time to arrive safely to your destination.

Firework displays are beautiful and a sight to see, but fireworks are prohibited on HHR property; don't bring any type of explosives back with you...yes this includes firecrackers.

Bottom Line...Enjoy yourselves and stay safe this Memorial Day Weekend. Don't forget the opportunity to attend our scheduled HHR events!

Director of Operations

May 2011
Volume 4
Issue 5
May is National
Military
Appreciation
Month

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Shipmates,

Bluf: Failing PFT's will not make Sailors eligible for separation pay.

Members separated from the Navy after January 1, 2011, solely for failing the physical fitness test (PFT) portion of the physical fitness assessment (PFA), will **NOT** be authorized involuntary separation pay, according to NAVADMIN 420/10. Members separated for failing the body composition assessment (BCA) in any of three PFA failures may receive one-half involuntary

separation pay as long as they are eligible for such pay in all other respects, including the requirement, if qualified, to serve in either the selected reserve or individual ready reserve. Read the NAVADMIN for complete guidance.

BLUF: It is vital for leaders to ensure Sailor's security clearances are current and up-to-date... advancement can depend on it.

Over the past four advancement cycles, numerous examinations have been invalidated by BUPERS due to candidates not having security

clearances as required by the Navy Advancement Manual for Enlisted Personnel BUPERS Instruction 1430.16F and Department of the Navy Personnel Security Program Instruction SECNAVINST 5510.30B.

A CO's Granting of an "interim clearance / temporary access" does not constitute a waiver of this requirement. See your command security manager for more information.

BLUF: The opportunity to learn new languages is available to Sailors on NKO.



Sailors who are interested in learning a foreign language or finding free resources to improve or maintain their language proficiency, can go to the 'Language Resources' page on NKO. For more information visit:
<https://www.nko.navy.mil/portal/careermanagement/navyadvancementcenter/home/navyforeignlanguage?cacLogin=true>

HOOYAH!
MCPON

Memorial
Day
May 30th



Being Discharged Soon?

If you are; there are some things you should know. First, you need to complete a Notice to Vacate with our Leasing Department and second, you need see the bookkeepers regarding your final rent payment. The primary reason behind this...PSD will stop your allotments 30 days prior to your discharge date and due to this fact, you will receive your BAH in your check. Remember, your BAH covers your PPV rent and normally comes to us via allotment. Since the BAH will be in your checking account you need to pay your PPV rent directly! If you vacate without properly settling your account and if we don't hear from you within 45 days, your account will be turned over to Norfolk General District Court for collections. As a note; you are entitled to and will receive your BAH until the last day on active duty. **It is your responsibility to ensure your rent is paid prior to being discharged.** HHR bookkeepers are available to answer any of your questions.

They can be contacted Monday – Friday, 0730 – 1600 at 757-402-4230/33/34.

Transferring From Ship to Shore or Vice Versa...

Please remember to bring a copy of your transfer orders to the Leasing Office when you check into your new Command. **If you fail to do so, your BAH will be stopped as this changes your PSD designation.** We can only restart it with a copy of your orders and this can take up to 30 days to process.



NOTICE



PER YOUR LEASE

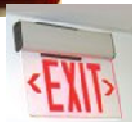
NO GUNS OR WEAPONS OF ANY KIND ARE ALLOWED ON HHR PROPERTIES.

VIOLATIONS ARE SUBJECT FOR EVICTION

Fire Alarms

When fire alarms sound you must leave the building.

Do not disarm the fire alarm, it is against the law.



Exit Signs

Emergency exit signs are for everyone's safety in case of an emergency. Be considerate of all residents and guest.

Safety is very important to HHR.

Overnight Guests at HomePort Hampton Roads properties must be at least 16 years old.



Guests

must be accompanied by their sponsoring resident at all times. You are responsible for your guest.

Do not give your room key to anyone.

Move-out Policy

When moving out of PPV Housing you are required to give HHR a 30 day written Notice of Intent to Vacate in person. They will then schedule pre-inspection and set the date for final inspection.

You will be responsible for any damages or cleaning needing to be done. Upon check out you will turn in your access card, room key and parking permit. HHR staff will coordinate the suspension of the allotment. This process should ensure your pay will not be affected after you move out.

Leasing office: Miller Hall U 16, 1274 Cowan St.



To create and use the ACCWAY account, you **MUST** use the same email address you provided to the leasing department at lease signing.

“THIS IS THE EMAIL ADDRESS ON YOUR LEASE.”

How to Submit an Online Service Request

Go to <https://www.accway.com>. This website will take you to the “Welcome to the American Campus Communities Resident Portal.”

1. If you have not already created an account, click “DON'T HAVE AN ACCOUNT YET” under Log In.
2. Enter the personal information requested. Be sure to enter the email address stated on your application, your last name, date of birth and the last four digits of your social security number.
3. Upon completion of creating your new account, check your email! Receive conformation of your new pass word.
4. Log back on to <https://www.accway.com> and access the portal using your new pass word.
5. Your general lease information will appear on your home page. Go to the Service Request tab.
6. Enter the information regarding your service request and click “SUBMIT SERVICE REQUEST” at the bottom of the page.

Your service request has been submitted! Enter as much detail as possible when submitting a service request on line. If you have any questions refer to the “Resident Portal FAQ” sheet or call Service Desk at 757-402-4245/4253.

NOTE

The Resident Portal is NOT for emergency work orders. You must submit emergency works orders by calling the Service Desk at (757) 402-4245 / 4253

HomePort Hampton Roads

**1274 Cowan Street
Norfolk, VA 23511**

WWW.HOMEPORTHR.COM

Tom Weber

Director of Housing Operations

Larry Herndon - AGM / REALTOR®

757-305-9287

lherndon@studenthousing.com

Taco Villarial - AGM

757-402-4217

avillarial@studenthousing.com

BOOKKEEPING

Sandra Barnes 402-4233

Gloria Woodmore 402-4234

Vickie Osborne 402-4230

Hours Mon - Fri 0730 - 1600

ACTIVITIES

Mary McQuesten - Activity Director

757-233-4291

mmcquesten@studenthousing.com

MAINTENANCE

Ben Banks - Facility Manager

Jim Vick - Facility Manager

Norfolk - 757-402-4238

Iowa Estates - 757-351-0089

Newport News - 757-327-0357

Hours Mon - Fri 0700 - 1530

SERVICE DESK

Yolanda Strand - Service Desk Manager

J 53 757-402-4245 / 4246

NH-141 757-402-4252 / 4253 3pm-7am

Newport News 757-534-7710

Iowa Estate 757-228-5232 / 233-3302

LEASING

Holley Ayres - Leasing Manager

Bldg. Miller Hall (U 16)

1274 Cowan Street

757-402-4247 / 4248 / 4256

Mon & Fri 0730-1600

Tues 0730 - 1700

Wed 0730 - 1800

Thurs 0730 - 1730

Sat 0800 - 1200

SECURITY

U-16, U-20, SP-29

757-592-2248

Monday - Thursday 1600 - 0730

Friday 1600 to Monday 0730

Naval Base Emergency

444-3333

HomePort Hampton Roads is on

FACEBOOK!



Check us out to get the latest news and events.

Cinco De Mayo

MWR

Celebration

Parade Field

Car Show / Games

May 5th

4 p.m. to 10 p.m.

For info call

757-444-4033

Resident Advisory Board Meeting

The 2nd Thursday of every month.

Location: Iowa Estate Mid Rise

4:00 p.m.

What would you like done? Let your voice be heard.

New Resident Meeting

The 4th Tuesday of every month.

Meet your Community Assistants and other new residents. Find out what PPV Housing has to offer as well as what is planned for the future.

Carter Hall Bldg. J-53 & Iowa Estate Mid Rise 7:00 p.m.

U.S. Military Trivia



What were the first three ships commissioned into the United States Navy?

What is the longest war ship in the world?

What was the name of the United States Navy's first aircraft carrier to be designed and built as a carrier?

What was the name of the first USN carrier sunk during WWII?

What is the nickname of the West Virginia battleship?



**IOWA ESTATE
NAVY EXCHANGE**

965-3854

HOURS OF OPERATION

MONDAY – FRIDAY

6:00 AM -10:00 PM

SATURDAY – SUNDAY

8:00 AM -10:00 PM

**HUNTINGTON HALL
NAVY EXCHANGE**

380-7854

HOURS OF OPERATION

MONDAY – FRIDAY

6:00 AM -8:00 PM

SATURDAY – SUNDAY

12:00 PM -6:00 PM



Resident Recognition

HomePort Hampton Roads would like to recognize Marquis Dewitt. His hometown is Albany, New York where his mother Sonia and sister Meyani Dewitt reside.

Marquis has been in the Navy for 1 1/2 years and is stationed on the USS Harry S. Truman where he works as a Yeoman. He has lived in PPV housing at Carter Hall Building J-53 for 4 months, and attends all events.

Marquis plans to attend college and work with the disabled. He enjoys reading, playing games, bowling and volunteering. His favorite sports team is the San Francisco Giants. Giants All the Way!

Thanks for your support Marquis.

Employee Recognition

HomePort Hampton Roads takes pleasure in recognizing Ashley Easmunt, one of our leasing agents, for her unwavering dedication and commitment to the team, staff and HHR residents. She is a native of Norfolk, Virginia and currently resides in Virginia Beach. Knitting, crocheting and a good book to read are some of her favorite pastimes. She also enjoys watching professional football especially when the Pittsburgh Steelers are playing. When not working, she enjoys her time off with her little boy and husband. Ashley, keep on smiling, keep on trucking!

Thanks for everything!



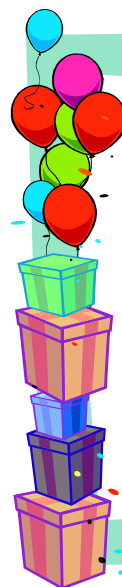
HomePort Hampton Roads Parking Rules

- No Parking in Fire Lanes - indicated by a red curb
- No Vehicle Parking in Motorcycle spots
- No Parking on roadways/driving lanes/open dirt/grassy areas.
- No Parking in Loading Zones - indicated by yellow diagonal stripes
- No Parking in Handicap spaces - indicated by blue lines on both sides of the space
- No blocking any vehicle that prevents that vehicle from departing the parking space

Iowa Estate Resident Parking

Residents of Iowa Estate are required to park legally registered vehicles in marked designated parking spots. Fire lanes, curbs, grassy areas or grounds are not designated parking areas. Illegally parked vehicles will be towed without notice at the owner's expense.

Ashley Easmunt



**Happy Birthday
from HHR!**

- Vernon Hogans - May 6
- Tatianna Duero - May 6
- George Shelton - May 8
- Lorna Robillard - May 16
- Gloria Woodmore - May 17
- Ashley Moore - May 17
- Eduardo Datuin - May 18
- Holley Ayers - May 26
- Korey Taylor - May 30

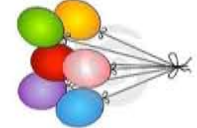


MAY

BIRTHDAYS



Have a great birthday!



Phyllis Braydich	5/1	Teri McDonald	5/5	Michael Hester	5/10	Janice Garig	5/15	Elizabeth Cozart	5/20	Rachel Wegenast	5/26
Benjamin Poling	5/1	Joshua Huls	5/5	Mike Ponce	5/10	Rashad Thompson	5/15	Eduardo King	5/20	Rodney Harris	5/26
Derious Ragland	5/1	Nicholas Standish	5/5	Destiny Taylor	5/10	Ebbonai Posey	5/15	Jessica True	5/20	Thomas Delgatto	5/26
Todd Bowser	5/1	Raul Rojas	5/5	Jamal Courtney	5/11	Joshua Cryder	5/16	Philip Bordeaux	5/20	Terrence Hall	5/26
Gretel Ringstrom	5/1	Joel Hernandez	5/5	Damian Linares	5/11	Fatimah Isaac	5/16	Van Erwin	5/20	Brittney Jenkins	5/26
Rolland Jacobs	5/1	Zytia Simmons	5/5	Jeremy Gregory	5/11	Jing Zhu	5/16	Brett Vainavicz	5/21	Naomi Ball	5/26
Zachary Gannonmedlin	5/1	Chantanel Spencer	5/6	Keon McCoy	5/11	Andrew Sabater	5/16	Dakota Clinton	5/21	Jose Ferrer	5/26
Shawn Love	5/1	Chivato Cannon	5/6	Ralpheal Johnson	5/11	Jarrid Cantway	5/16	Jake Violet	5/21	Tamra Byrd	5/26
Chase Thompson	5/1	Philysha Beneby	5/6	Aurora Macias	5/11	Chaz Smith	5/16	Jesse Miles	5/22	Kyle Wessner	5/26
Charles Bentjen	5/2	Joe Good	5/6	Rolando Donato	5/11	Todd Lejander	5/16	Michael Aycock	5/22	Gregory Hakel	5/26
Kelly Kenville	5/2	Daniel Wallace	5/6	Dominic Green	5/12	Joseph Ricci	5/16	John Hunter	5/22	Gavin Perkins	5/27
Aaron Allen	5/2	Jason Blossomgame	5/6	Jacqueline Latta	5/12	Laura Jonassaint	5/16	Andre Primes	5/22	Eric Kirschenman	5/27
Scherelle Harris	5/2	Eric Hoyt	5/6	Daniel McVeigh	5/12	Sonia Rosales	5/16	Christopher Havens	5/22	Shawn McCabe	5/27
Tashina Rogers	5/2	Derrick Owens	5/6	Jeremy Ball	5/12	Iesha Reeves	5/16	Rayan Alarca	5/22	Deonta Winston	5/27
Jacob Aldach	5/2	Luke Fischer	5/6	Avery Ulmer	5/12	Lucien Matthias	5/17	Marvin Podemski	5/23	Devonti Warren	5/27
Joseph Turner	5/2	Andres Garciaamarino	5/6	Michael Baker	5/12	Shatonya Spicer	5/17	Alphonso Miller	5/23	Jhulian Rivera	5/27
Matthew Nierstedt	5/2	Dexter Howard	5/6	Robert Smith	5/12	Casey Blake	5/17	Javier Ashmore	5/23	Devin Russell	5/27
Santana Chavez	5/2	Ebony Williams	5/6	Jared Stoffer	5/12	Charles Brown	5/17	Martavious Bankston	5/23	Chassity Goss	5/27
Arely Antillon	5/2	James Collins	5/7	Britney Subbs	5/12	Ellen Crooks	5/17	Elliott Stephens	5/23	Johnathon Ellington	5/28
Clayton Sahr	5/2	Kent Williams	5/7	Jeroy Williams	5/12	Melissa Garrison	5/18	Chelsea Taufasaasu	5/23	Gregorio Alcantara	5/28
George Vick	5/3	Johnquez Waggoner	5/7	Cody Farrington	5/12	Samuel Russell	5/18	Dylan Cho	5/23	Horatio Campbell	5/28
Justin Fitzgerald	5/3	Ian Baker	5/7	Samantha Edrington	5/12	Peter Yarrington	5/18	James Stacy	5/23	Falisha Herren	5/28
Mathew Jacobs	5/3	Travis Turner	5/7	Kristen Hamman	5/13	Dominique Cannon	5/18	Bao Vu	5/24	Lewis Fillyaw	5/28
Joseph Rivas	5/3	Amanda Neuzil	5/7	Tywan Davis	5/13	Braxton Smith	5/18	Derek Payton	5/24	Phillip Weiner	5/28
Jonathan Perez	5/3	George Shelton	5/8	Jennifer Pittius	5/13	Alex Burgos	5/18	Alexander Rennie	5/24	Steve Santiago	5/29
Clintjorn Cepeda	5/3	Deonte Matthews	5/8	David Ponce	5/13	Zachary Woolboy	5/18	Leslie Ramer	5/24	Terrance Cartledge	5/29
John Burchett	5/3	Jose Gutierrez	5/8	Joshua Lonas	5/13	Josef Alchacar	5/18	Eugenio Penalosa	5/24	Sherin Adamos	5/29
Anthony Brooks	5/3	Cody McNamar	5/8	Anthony Means	5/13	Gary Laskowski	5/18	Lindsay Young	5/24	Jaleatha Pettway	5/29
Jeffrey Coonce	5/3	Zebulon Kemp	5/8	Eric Smith	5/13	Selena Clements	5/18	Anthony Gallegos	5/24	Matthew Kerr	5/29
Daniel Burrington	5/3	Jacob Buckelew	5/8	Jarret Rodgers	5/13	Dimitriy Kravets	5/18	Vanessa Garcia	5/24	Jackson Jeans	5/29
Matthew Leondis	5/3	Brandon Jones	5/8	Michael Harris	5/14	Whitney Paige	5/18	Cullan Strong	5/24	Jamal Legare	5/29
Dale Koch	5/4	Dr McKoy	5/8	Katelyn Whaley	5/14	Brandon Hawkins	5/18	Scott Hunt	5/24	Deacon Price	5/29
Patrick Dockery	5/4	Marvin Carter	5/8	Vanessa Rowe	5/14	Erin Barksdale	5/18	Scott Holmes	5/24	Burton Flake	5/29
Oluwatobi Kazeem	5/4	Kati Didomenico	5/8	Robert Siewers	5/14	Nicole Samuel	5/19	Tulsiram Singh	5/24	Nehemiah Hodges	5/30
Matthew Klein	5/4	Tabitha Robbins	5/9	Angelamae Fernandez	5/14	Ross Brueggeman	5/19	Darryl Byrd	5/24	David Jaber	5/30
Ashley Oney	5/4	Christopher Schubring	5/9	Christopher Kalb	5/14	Daniel Bostelmann	5/19	Shea Peck	5/24	David Terry	5/30
Richard Vigil	5/4	Brandon Thompson	5/9	Tara King	5/14	Phillip Timmons	5/19	Ian Strong	5/25	Jessica Augustyn	5/30
John Busch	5/4	Christopher Stamey	5/9	Charles Johnson	5/14	Helen Clemons	5/19	Zachary Montgomery	5/25	Steven Destephano	5/30
Alexander Hamilton	5/4	Jerrette Lyon	5/9	Mario McKenna	5/14	Jason Merritt	5/19	Donald Lindsey	5/25	Gregory Baker	5/30
Jonathan Whitaker	5/4	Lester Lewis	5/9	Tanisha Glass	5/15	Nicholas Phillely	5/19	John Lopes	5/25	Walter Crump	5/30
Frank Sower	5/4	Kyle Reed	5/9	Patrick Frazier	5/15	Jeremy Andersen	5/20	Justin Wilson	5/25	Thomas McDonald	5/30
Daniel Behunin	5/5	Howard Stephens	5/9	Andrew Radil	5/15	Mitchell Burdick	5/20	Perez Blackmon	5/25	Anthony Juliano	5/30
Phillip Sparrow	5/5	Hunter Arnett	5/9	Jimmy Williams	5/15	Benjamin Williams	5/20	Shaude Curtis	5/25	Shelby Wolfe	5/30
Antonio Saiz	5/5	Nicholas Stark	5/9	Christine Savadel	5/15	Monsuru Oladijo	5/20	Joseph James	5/25	Jeffrey Taylor	5/31
Chakhandra Greene	5/5	Robert Ratliff	5/9	Juan Yepezalvear	5/15	Sean Burgess	5/20	Michele Dygert	5/26	Gabrielle Johnson	5/31
Jurbien Byrd	5/5	Benjamin McDowell	5/10	Juan Abreu	5/15	Chrystal Oconnor	5/20	Zita Foto	5/26	Kendric Selvaige	5/31
Shatara Lee	5/5	Brandon Woller	5/10	Justin Fields	5/15	David Copeland	5/20	Michael McEwen	5/26	Richard Casey	5/31

Chicken Alfredo with Fettuccini Noodles



Ingredients:

- 1 pound fettuccini pasta
- 1 1/2 cups butter, divided
- 1 pound skinless, boneless chicken breast halves -
Cut into cubes
- 2 (16 ounce) containers whole milk ricotta cheese
- 1 pint heavy cream
- 1 teaspoon salt
- 1 cup grated Parmesan cheese

Directions:

1. Bring a large pot of lightly salted water to a boil. Add fettuccini and cook for 8 to 10 minutes or until al dente; drain.
2. Melt 2 tablespoons butter in a large skillet over medium heat. Saute chicken until no longer pink and juices run clear.
In a large saucepan combine ricotta cheese, cream, salt, Parmesan cheese and remaining butter. Cook over medium heat until well combined, about 10 minutes. Stir in cooked fettuccini and chicken; cook until heated through.

Nutritional Information [+](#)

Amount Per Serving Calories: 972 | Total Fat: 73.2g |

Cholesterol: 263mg

Resident Life

Trivia Answers



The United States, Constitution, and Constellation

The USS Enterprise is the longest warship ever built, at 1123 feet long?

The USS Ranger was the first USN carrier to be designed and built as a carrier.

The USS Lexington was the first USN carrier sunk during WWII, at the Battle of Coral Sea.

The USS West Virginia (BB-48) was known as the "Wee Vee".

Free Norfolk Tides Baseball Tickets

Available at Carter Hall Bldg. J-53 and Iowa Estate
Mid Rise Service Desks
24 hours a day.



Miller Hall Bldg. U-16 Monday thru Friday
8:00 a.m. to 3:30 pm

2011 Norfolk Tides Schedule

TIDES						
MAY						
SUN	MON	TUE	WED	THU	FRI	SAT
1 LOU 2:05	2 LOU 6:35	3 LOU 10:35	4 OFF DAY	5 IND 7:15	6 IND 7:15	7 IND 7:15
8 IND 1:15	9 SYR 7:15	10 SYR 7:15	11 SYR 7:15	12 SYR 12:15	13 LHV 7:05	14 LHV 6:35
15 LHV 1:35	16 LHV 7:05	17 SYR 7:00	18 SYR 7:00	19 SYR 7:00	20 SYR 7:00	21 LOU 7:15
22 LOU 1:15	23 LOU 7:15	24 LOU 12:15	25 OFF DAY	26 COL 7:15	27 COL 7:15	28 COL 8:00
29 COL 1:15	30 PAW 4:05	31 PAW 7:05				

Newsletters

As of June 2011 HomePort Hampton Roads will no longer be distributing newsletters to every room. Newsletters will be available on the quarter decks of each building in limited quantities.

This will not only save on printing cost but will allow funds to be spent on more upgrades for the residents.

Newsletters will also be available on HHR website and HHR Facebook page.

Calendars will be delivered to each common door.



Fleet & Family Services
Sponsors free classes for



All
events are free
to
HomePort
Hampton Roads
Residents



Bowling Winners
1st Place - Cedric Nole
2nd Place - Larry Hilton
3rd Place - Marquis Dewitt



Free Bowling
2nd Tuesday of
every month
Pierside Lanes
Inside gate 5
Hampton Blvd.
6:30 p.m. to 9:30 p.m.



Pool Tournament
Winner
Juan Perez





May 2011



Norfolk

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 WWE Extreme Rules Mid Rise Theater 8:00 p.m.	2	3 Cooking 101, Fleet & Family Class Stress & Time Management Bldg. J-53 5:30 p.m.	4 9 Ball Pool Tourney Food & prizes Bldg. U-16 6:30 p.m.	5 Cinco De Mayo MWR Celebration Parade Field Car Show / Games 4 p.m. to 10 p.m.	 7 UFC Fight Pacquiao vs Mosley Iowa Estate Mid Rise 8:00 p.m.	
8  Happy Mothers Day!	9 9 Ball Tournament Snack & prizes Bldg. SP-29 7:00 p.m.	10 FREE BOWLING Pierside Lanes pizza, soda, prizes Guest & 1 resident 6:30 p.m. 	11 Breakfast on the Go! Mid Rise 6:00 a.m.	12 CA / RAB Meeting Iowa Estate Mid Rise 4:00 p.m.	13 PAYDAY	14 Poker Game Bldg. NH-141 Snacks & prizes 7:00 p.m.
15 Nascar Dover 400 Mid Rise Theater 1:00 p.m.	16	17 New Resident Meetings Bldg. J-53 & Iowa Estate Mid Rise 7:00 p.m.	18	19 Basketball Shootout Hot Dogs & prizes Bldg. U-16, U-20 5:30 p.m.	20	21 Horseshoe Tournament & Cookout Bldg. U-20 6:00 p.m.
22 3 on 3 Volleyball Game Food & Prizes Bldg. SP-29 4:00 P.M.	23	24 2 on 2 Basketball Game Food & prizes Cole Village 6:00 p.m.	25 Cooking 101, Free samples Fleet & Family Class Using your TSP Bldg. J-53 5:30 p.m.	26 Breakfast on the Go! Bldg. NH-141 6:00 a.m.	27	28 2 on 2 Basketball and Cookout Bldg. NH-156 5:00 p.m.
29 Nascar Coca Cola 600 Snacks & drinks Mid Rise Theater 6:00 p.m.	30  Memorial Day	31 Free Cookout Bldg. J-53 5:30 p.m.			Yoga Monday & Wednesday @ 5 pm Mid Rise	P90X / Insanity Tuesday & Thursday @ 6 pm Mid Rise