



### Resident Recognition

HomePort Hampton Roads would like to recognize Brandon Clair from Mansfield, Ohio. Brandon has been in the U.S. Navy just under three years and is presently stationed on the USS Anzio CG68. He lives at HHR's Iowa Estates Mid Rise and when asked how he liked it his response was "who doesn't like living in a resort?"

His favorite activity is our Cooking 101 class. Brandon plans to finish college and receive his Bachelors in Electrical Engineering. His hobbies include fishing and hanging out at the beach.

It is our pleasure to have you living in PPV Housing.  
Thanks Brandon for your support.  
HomePort Hampton Roads wishes you the best.

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America Recycles Day is November 15th!  
Visit [americarecyclesday.org](http://americarecyclesday.org)

### Helping Others

Homeless shelters are in need of various items such as food and personal hygiene products, and they are always in need of volunteers as well.

Please join in to help.

Drop off can goods, shampoo, soaps, deodorant, toothpaste, toothbrushes or anything you think they could use.

Drop Boxes at:

Iowa Estates Mid Rise Desk  
Bldg. J 53 and Bldg. U 16

- Pg 1 Notices
- Pg 2 Resident Life
- Pg 3 Director's Corner
- Pg 4 Contacts & Info
- Pg 5 Birthdays
- Pg 6 Notices & Info
- Pg 7 Photos
- Pg 8 Calendar

## November is National Hunger Awareness Month

### Holiday Dinner & Bowling

December 14th - 6:30 p.m.

Pierside Lanes  
Just inside gate 5 on Hampton Blvd.

This event is for  
HomePort Hampton Roads  
Residents only.

MWR will cater a full holiday meal to include:  
Ham, Turkey, Stuffing, Mash Potatoes, Gravy, Cranberry Sauce, Rolls, Butter and Desserts.



There will be prizes for Bowling, Guitar Hero, Karaoke and Pool Tournament.

**While supplies last.  
Come Early**



### Free Tickets

Norfolk Admirals Hockey

Tickets available at Bldg. U 16 Bookkeeping office M-F 9 am to 3 pm or at either Bldg. J 53 or the Iowa Mid Rise service desks anytime.

Contact service desk at:  
757-233-3302 or 757-402-4245

While supplies last



### HIT AND RUN IS AGAINST THE LAW

Hit and run could result in Class 1 misdemeanor if the accident results in damages of \$1000 or less to property. How would you feel if you found your vehicle had been hit?

Do the right thing now or pay later!



# Resident Life

## Bittersweet Almond Chocolate Pudding

- 2 cups milk
- 2 eggs
- Pinch of salt
- 3 ounces bittersweet chocolate, chopped
- 1/2 teaspoon almond extract
- 1/4 cup sliced almonds
- 1/2 cup frozen whipped topping, thawed
- 1/3 cup sugar
- 2 tablespoons cornstarch
- 1/4 teaspoon olive oil



1. In a large microwave-safe bowl, combine milk, sugar, eggs, cornstarch and salt. Whisk until well blended.
2. Microwave, uncovered, for 5 minutes. Whisk until smooth.
3. In second bowl, melt chocolate in microwave for 1 minute. Stir. Microwave another 30 seconds. Stir until smooth. Whisk chocolate and almond extract into milk mixture until smooth.
4. Spoon into 4 serving dishes, cover and refrigerate for at least 4 hours.
5. Just before serving, toast almonds: Place nuts in a glass pie plate. Toss with olive oil. Microwave, uncovered, for 1 minute. Stir. Microwave an additional minute or until lightly toasted. Garnish puddings with whipped topping, then sprinkle with toasted nuts. Serve immediately.

PER SERVING 358 calories; 20 g fat (9 g sat.); 10 g protein; 40 g carbohydrates; 2 g fiber; 84 mg sodium; 118 mg cholesterol

## SPICED PUMPKIN CHEESECAKE

- Makes 16 servings
- 38 NABISCO Ginger Snaps, finely crushed
  - 1/4 cup finely chopped PLANTERS Pecans
  - 1/4 cup butter, melted
  - 4 pkg. (8 oz. ea.) PHILADELPHIA Cream Cheese, softened
  - 1 cup sugar
  - 1 can (15oz.) pumpkin
  - 1 Tbsp. pumpkin pie spice
  - 1 tsp. vanilla
  - 4 eggs
  - 1 cup thawed COOL WHIP Whipped Topping
  - 1/2 tsp. ground nutmeg



How to make it

HEAT oven to 325 degrees F. MIX crumbs, nuts and butter; press onto the bottom and 1 inch up the side of a 9-inch spring form pan. BEAT cream cheese and sugar with a mixer until blended. Add pumpkin, spice and vanilla; mix well. Add eggs, 1 at a time, mixing after each just until blended. Pour into crust, BAKE 1 hour 20 min. to 1 hour 30 min. or until center is almost set. Loosen cake from rim of pan; cool before removing rim. Refrigerate 4 hours. Serve with a dollop of COOL WHIP and a dusting of nutmeg.

Prep time: 15 minutes

## Cleanliness is next to... Healthiest

ARE YOU LIVING IN A MESSY HOUSE?

It's time to make a clean sweep. An Indiana University study of nearly 1,000 people found that those who kept their homes the neatest also logged the most daily physical activity. Doing household chores and exercising regularly both require discipline, and researchers suspect that folks who can motivate themselves to tidy up their surroundings—whether they feel like it or not! - are the same kind of people who make the time to work out. Score one for the neat freaks!



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		4		2			
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**BEFORE SOMEONE GETS HURT**

## U.S. Navy Trivia

- What three U. S. Destroyers were sunk in a typhoon in the Pacific on December 18, 1944?
- What was the first U. S. Navy plane to make a trans-Atlantic crossing? 
- What kind of marine disaster took place off the California coast on September 8, 1923?
- What type of vessel in the U. S. Navy is named for the late George C. Marshall?
- What is the proper name for a Hospital Corpsman?

# Director's Corner

Shipmates,

WOW! Where has the year gone? I know a lot of you spent most of the year deployed defending our country and others have been busy doing work ups getting ready to do the same. While I know you are working hard I want to make sure when on liberty you are playing safely. As you are reading this we are entering the holiday season. We'll have the long weekend for Thanksgiving followed by the Christmas leave period. The majority of you will travel out of the area to meet with family and friends so please plan your trips accordingly so we continue to see you at our activities.

Director of Operations

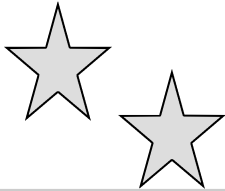


## COLORS RESPECT THEM AND BE PROUD

The U.S. flag is raised and lowered on American military bases in the country and abroad every morning and evening. This time is referred to as "Colors." Military personnel are required to stop, face the direction of the base flagpole and render a salute if in uniform, standing at attention until the music stops.

If not in uniform, military personnel are still required to stop, face the flagpole and stand at attention.

If driving in a vehicle, you're required to stop and wait for the music to end.



Shipmates,

I hope you have been staying abreast of the latest information through my Facebook and Slide Share pages. The most up-to-date information from me as well as FLTCMs and FORCMs are posted to these two sites.

This year is quickly coming to an end, even though it seemed like summer was only yesterday, we are well into fall and winter is just around the corner. To date you have done extremely well regarding personal safety, but there is still much to do. Are you ready for winter and holiday safety? Start planning now and keep up the good work!

As I travel around our Navy, I continue to be impressed by all of you. No matter where you are in the world or what you do for our great Navy, I want you to know that everything that you do is very important and it all plays part in our Navy's Maritime Strategy. It's because of you our Navy is so strong!

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BLUF: Shipmates, it's your career... take charge of it! Stay informed and stay on top of everything from your pay, to PTS, to your record. Fleet feedback has asked for something like this.

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Navy Personnel Command has a new link to help Sailors manage their careers. <http://www.npc.navy.mil/CommandSupport/PayPersSupport/My+Personnel+Information.htm>

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BLUF: Leadership must continue to educate Sailors to comply with the requirements of procuring NWU items with the funds they have already been provided.

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Current NWU component inventory that Sailors have purchased an average of 1.3 uniforms, well below the four uniforms per sea bag which most Sailors have been paid to procure. Dec. 31, 2010, remains the deadline for Sailors to have all required NWU items.

HOYAH!  
MCPON

**CEL SURVEY QUESTIONS AND ANSWERS**

Thanks to those participating in this year’s CEL survey. The CEL survey allowed the opportunity for HomePort Hampton Roads (HHR) residents to communicate their “likes, dislikes, concerns and suggestions” on improving their stay with HHR. HHR management is reviewing all responses. Answers will appear in this month’s news letter (below) and subsequent newsletters. HomePort Hampton Roads is committed to Excellence and providing Superior Customer Service.

**Iowa Estate vehicles speeding in the garage**

HomePort Hampton Roads recently installed speed bumps at various locations on the first floor of the parking garage. This will hopefully alleviate some of the speeding. But again, it depends on whether an individual is concerned about his/ her vehicle or not. Speed bumps, if driven over at a fast pace might cause vehicle front end alignment problems. So to prevent these problems; care should be exercised when rolling over speed bumps.

**Fix the fire alarms**

There is nothing wrong with the fire alarm systems; they are in perfect working order. What you are currently experiencing is malicious vandalism by some residents and or their guests. They go around pulling fire alarm pull stations as pranks. What they don’t know or understand is these pranks are violating federal law and they face prosecution if apprehended.

**Here are some things to consider before maliciously pulling a fire alarm:**

- pulling a fire alarm falsely **is a felony** leading to people being arrested.
- pulling a fire alarm falsely **can kill people!** The fire department has to come to the building where you pulled the alarm and cannot get to a real fire on time to save people.
- pulling a fire alarm falsely **is an inconvenience** for people in the building. They have to do a meaningless evacuation of the building.
- pulling a fire alarm falsely **leads people to ignore** the alarm.

As true Shipmates and United States Sailors, help us in stopping this practice. Report it by any means available. One way to make reports and stay anonymous is to use the HHR website ([www.homeporthr.com](http://www.homeporthr.com)). Click the contact tab and fill in the required fields. Put N/A in name section, and use the comment section to explain the problem/situation then submit. You will stay anonymous.

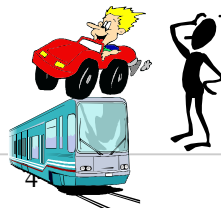
Bottom Line Up Front: Do the Right Thing! Do not jeopardize the safety of yourself and others. Do not falsely pull the Fire Alarm; they are there to protect you!

**Placing work orders and response times.**

The best and most reliable way to submit a work order is to do it electronically. If you look at Page 6 of this new letter you will find out submission procedures. If a computer is NOT available, requests can be submitted at any of the five service desks (Newport News, Iowa Estates, Cater Hall, Cole Village and NSA Compound). Also, at each building (excluding manor homes), there are drop boxes, just fill out a paper service request and drop in the box. Maintenance has 24 hours to respond to the request. If it can be corrected immediately, it will. If you feel response time is inadequate please report it to the maintenance managers. Their numbers and the numbers of the management team are page 4 of this news letter.



Holidays are fast approaching.  
Start making your travel plans.



HomePort Hampton Roads  
1274 Cowan Street  
Norfolk, VA 23511  
[WWW.HOMEPORTHR.COM](http://WWW.HOMEPORTHR.COM)

Tom Weber  
Director of Housing Operations

Larry Herndon - AGM  
757-305-9287  
lherndon@studenthousing.com

Taco Villarrial - AGM  
757-402-4217  
avillarrial@studenthousing.com

**BOOKKEEPING**

Sandra Barnes 402-4233  
Gloria Woodmore 402-4234  
Vickie Osborne 402-4230  
Hours Mon - Fri 0730 - 1600

Mary McQuesten - Activity Director  
757-233-4291  
mmcquesten@studenthousing.com

**MAINTENANCE**

Ben Banks - Facility Manager  
Jim Vick - Facility Manager  
Norfolk - 757-402-4238  
Iowa Estates - 757-351-0089  
Newport News - 757-327-0357  
Hours Mon - Fri 0700 - 1530

**SERVICE DESK**

Yolanda Strand - Service Desk Manager  
J 53 757-402-4245 / 4246  
NH-141 757-402-4252 / 4253 3pm-7am  
Newport News 757-534-7710  
Iowa Estates 757-233-3302 / 228-5232

**LEASING**

Holley Ayres - Leasing Manager  
Bldg. Miller Hall (U 16)  
1274 Cowan Street  
757-402-4247 / 4248 / 4256  
Mon & Fri 0730-1600  
Tues 0730 - 1700  
Wed 0730 - 1800  
Thurs 0730 - 1730  
Sat 0800 - 1200

**SECURITY**

U-16, U-20, SP-29  
757-592-2248  
Monday - Thursday 1600 - 0730  
Friday 1600 to Monday 0730

**Naval Base Emergency** 444-3333

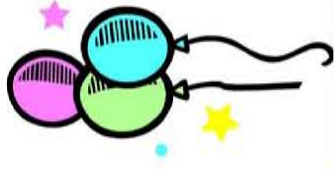
**Answers to Trivia**

USS Spence, USS Monaghan, USS Hull  
The NC-4 - 1919  
Seven U. S. destroyers ran upon the rocks and had to be abandoned  
A submarine-USS George C. Marshall (SSBN-654)  
Cadeceus



RYAN LANGBEHN	1-Nov	ANTOINE GORDON	7-Nov	VANESSA MORRISON	12-Nov	WILLIAM GREENBERG	19-Nov	GLADIS ZAMURIA	25-Nov
JARED ASTLE	1-Nov	ANDREW CORRELL	7-Nov	KIRK LAVASSEUR	12-Nov	CRAIG FRAZER	19-Nov	JASON PERRAULT	26-Nov
CHRISTOPHER GRIFFITH	1-Nov	BRIAN PAULSON	7-Nov	STACIA BOYD	12-Nov	LORIA RUSSELL	19-Nov	JAYON PATRICK	26-Nov
ALBERT ELOMINA	1-Nov	CAROLYN ABBOTT	7-Nov	BRIAN RUMION	13-Nov	RUBINA CALCANOSANTIAGO	19-Nov	RANDY WOODHEAD	26-Nov
FENG ZHANG	1-Nov	KYLE MASON	7-Nov	PETER DIEZEL	13-Nov	JAMES EDWARDS	19-Nov	JESUS CANO	26-Nov
BRICKELL THAGGARD	1-Nov	EVAN PENDER	7-Nov	VERONICA GRISHAM	13-Nov	KEVIN RYAN	19-Nov	JENNIFER TAVAREZ	26-Nov
TERRY TATE	1-Nov	FRANKLIN PESEK	7-Nov	DANIEL EALY	13-Nov	JOSHUA HATHAWAY	19-Nov	HUI CHEN	26-Nov
MARK GILLENWATER	1-Nov	DARRIN ALEXANDER DAVIS	7-Nov	ANTHONY RENISH	13-Nov	TRAVIS ALBERT	19-Nov	HOLLY WILKINSON	26-Nov
JOSHUA PIPER	1-Nov	PHILLIPP BUCHURSKI	7-Nov	RAYMOND NIZER	13-Nov	SHAWN ALLEN	20-Nov	DAMARIS CARRANZA	26-Nov
BOBBY POWELL	1-Nov	GREGORY OFFERLE	8-Nov	VICTORIA HEGHMANN	14-Nov	JOHN MCNEILE	20-Nov	SALVADOR GALLEGOS	26-Nov
BRANDON CARTER	1-Nov	ANTONIO ESCOBEDO	8-Nov	DANYALE MILLER	14-Nov	JAMIE CURNEW	20-Nov	JOSEPH DAVIS	26-Nov
LEON PATTON	1-Nov	JANAY MANIGULT	8-Nov	TAQUJA STOKES	14-Nov	JESSICA HOWARD	20-Nov	PAULETTE GUILBAULT	26-Nov
NOELLE SUNDERMAN	1-Nov	TUANHUY TRAN	8-Nov	JOSHUA WARREN	14-Nov	JEREMY FALLICK	20-Nov	MICHELLE BYERS	26-Nov
MACKENZIE BESSO	2-Nov	BETHANY DICKSON	8-Nov	KURT JEFFERSON (ca)	14-Nov	DREW MITCHELL	20-Nov	HEATHER EDBAUER	27-Nov
MEGAN BARRETT	2-Nov	LACEY HUTCHINS	8-Nov	KIMBERLY YATES	14-Nov	BYRON HOSKINS	20-Nov	MICAH THOMPSON	27-Nov
JONTHAN GILFORD	2-Nov	FRANKIE GUEVARASEPULVEB	8-Nov	ANDREW KIRK	15-Nov	KENNETH DYER	21-Nov	JAMES MARSHALL	27-Nov
DAISY CHAVEZ	2-Nov	DUSTIN BELCHER	8-Nov	BRENT CHILDS	15-Nov	VANESSA PIERSON	21-Nov	STACEY MAYS	27-Nov
ANGEL PARKER	2-Nov	SUZETTE ROMAN	8-Nov	ALEXANDER BENDER	15-Nov	TABITHA AUBREY	21-Nov	BARRIE NEWMAN	27-Nov
NICOLE BESON	2-Nov	JOE TSUI	9-Nov	ANTHONY HENRY	15-Nov	RYAN FORD	21-Nov	JABARI HOSTEN	27-Nov
JAMES WORD	3-Nov	BRAD BISHOP	9-Nov	TRAVIS BUTERA	15-Nov	MITCHELL VANVLECK	21-Nov	ERIC REED	27-Nov
SONTRIGO WIEHE	3-Nov	MELISSA RICO	9-Nov	COURNOT EMMANUEL	15-Nov	BRYAN PEYTON	21-Nov	TIARA PENDER	27-Nov
TYLER DUNCAN	3-Nov	LITISHA INGRAM	9-Nov	REBECCA ROMO	15-Nov	BONNI THOMPSON	22-Nov	DEOTRIC EVERETT	27-Nov
KRYSTLE GOLUMBECK	3-Nov	KAMILIA BROOKS	9-Nov	ONTERIO HARRIS	15-Nov	TIMOTHY BABB	22-Nov	RYAN WATERS	27-Nov
CAMERON BLAINE	3-Nov	JAMES JONES	9-Nov	SANTIAGO LOYA	15-Nov	RYNELL CABRERA	22-Nov	CLINTON GOBLE	27-Nov
TAVARIS PEYTON	3-Nov	BRANDY VONBLEICKEN	9-Nov	BRANDON YORK	15-Nov	DUSTIN SPRINGER	22-Nov	HARRY ROBBINS	28-Nov
DAVID BOTEL	3-Nov	JUSTIN HUDSON	10-Nov	ABEL GREEN	16-Nov	PHILLIP ROJAS	22-Nov	DYLAN WYER	28-Nov
CHRISTOPHER SQUIRES	3-Nov	CHAD WILSTED	10-Nov	JENNIFER OBBRYAN	16-Nov	LARRY HILTON	22-Nov	JOSEPH BRIGHT	28-Nov
RONESHIA REDMOND	4-Nov	CASEY MOREY	10-Nov	FRANKIE LASTER	16-Nov	JOE MALONE	23-Nov	PORTIA NICKS	28-Nov
JOHNNY FLYNN	4-Nov	LORIANN BROWN	10-Nov	DIEGO MARTINEZ	16-Nov	LOGAN LAGUE	23-Nov	APRIL TAYLOR	28-Nov
KYLE MAGONE	4-Nov	NICHOLAS VARGAS	10-Nov	HANNA MILLARES	16-Nov	TRAVIS STANLEY	23-Nov	MAKALA HAMILTON	28-Nov
JOSUE LOPEZ	4-Nov	TAYLOR DONOVAN	10-Nov	SOFIA ANTUNEZ	16-Nov	SAQURIA JONES	23-Nov	JOSHUA LUCAS	28-Nov
ELEASAH BROWN	4-Nov	JAMES GALVIS	10-Nov	KAYLA PRESTON	16-Nov	DENZEL TATE	23-Nov	KATHRYN JACKSON	28-Nov
JASON LESONICK	4-Nov	EVAN DRAPER	10-Nov	BRADLEY WAYNE	16-Nov	VIRGINIA BEAL	23-Nov	JACQUELIN MARTINEAU	28-Nov
RONALD JOHNSON	4-Nov	NATHAN TROYER	10-Nov	BRICE STREMEL	16-Nov	ZACHARY THORNTON	23-Nov	ERIC CHERRY	28-Nov
JAHAN JAHANARA	5-Nov	TIMOTHY ROGERS	10-Nov	IAN MAGORSKI	17-Nov	MULUKEN TADELE	23-Nov	YING HE	28-Nov
WESLEY DANNELLEY	5-Nov	ALIYAH BELTON	10-Nov	ZACHARIAH GAMBLE	17-Nov	KAYLA BROWN	23-Nov	JONAS FLESHER	29-Nov
JAMIE JONES	5-Nov	MATTHEW JOHNSON	10-Nov	ANTHONY STANLEY	17-Nov	SAMANTHA ARNOLD	23-Nov	CAMERON MASSIE	29-Nov
REVILIO WINFREY	5-Nov	NATHANIEL ROWLAND	10-Nov	TRAVIS ANREW	17-Nov	MARY HARSHAW	23-Nov	SHANTIL REED	29-Nov
JONATHAN SANDERS	5-Nov	JACLYN MCDANIEL	10-Nov	MATTHEW STERNS	17-Nov	JUSTIN CRITIES	23-Nov	ENGELEE CHARAUROS	29-Nov
BRUCE RICHARDSON	5-Nov	ERIC BROWN	11-Nov	PATRICK GIDDENS	17-Nov	DYNEESHA WATERS	24-Nov	ZICHAN ZHANG	29-Nov
JONATHAN LEE	5-Nov	SAMANTHA DORAN	11-Nov	DAVID GEARY	17-Nov	LAMONT THOMAS	24-Nov	SHACKOY CAMPBELL	30-Nov
LUIS RAYGONZALEZ	5-Nov	CORNELIUS CHESTNUT	11-Nov	MARK GARY	17-Nov	ROBERT STINSON	24-Nov	JOHN DANIELS	30-Nov
DAVID DENOVELLIS	5-Nov	HELANA SHUCK	11-Nov	SCOTT ROSE	17-Nov	JORGE RESTOSANTIAGO	24-Nov	PAUL STEWART	30-Nov
DANIEL MOLINA	6-Nov	WESLEY WOOD	12-Nov	JOHN MOSES	17-Nov	ALETHA RATCLIFF	25-Nov	BRYAN CARTER	30-Nov
THOMAS HARKINS	6-Nov	BRANDON FAVORS	12-Nov	JOHN MILLER	17-Nov	ALLAN ENCELAN	25-Nov	SHELLENE WILLIAMS	30-Nov
RYAN POLLARD	6-Nov	PAUL HINES	12-Nov	KELSI GOODRICH	18-Nov	VINCENT TOLARO	25-Nov	JOSEPH TOWNE	30-Nov
MICHAEL VERROYA	6-Nov	TYRONE MOORE	12-Nov	OMAR GONZALES	18-Nov	JEREMY RIDDLE	25-Nov	MARK SEGO	30-Nov
ALEXANDER INURRETA	6-Nov	JUSTIN CULVER	12-Nov	JAKE WHITT	18-Nov	NICHOLAS CONNELLY	25-Nov	JONATHAN BANASHIHAN	30-Nov
LASHANTAE ANDERSON	6-Nov	ROBERT DESIDERS	12-Nov	GLENN DONAHOE	19-Nov	TRI PHAM	25-Nov		
DIMITRI BORQUEZ	7-Nov	LORINZO CRAWFORD	12-Nov	ADEDOYIN AKINTOYE	19-Nov	BRITTANY BROWN	25-Nov		

# NOVEMBER BIRTHDAYS



**Norfolk Admirals Hockey**

November 6, 2010  
Saturday 7:15 p.m.  
Charlotte Checkers

November 20, 2010  
Saturday 7:15 p.m.  
Adirondack Phantoms

November 24, 2010  
Wednesday 7:15 p.m.  
Charlotte Checkers

**We have free tickets  
while supplies last.**

Available at:

Bldg. U 16 - 9 am to 3 pm M-F  
Bldg. J 53 - Anytime  
757-402-4245  
Iowa Mid Rise - Anytime  
757-233-3302

**November Events**

November 6, 2010  
The Ultimate Show for Woman  
VA Beach Convention Center  
757-222-3931

November 12, 2010  
Brad Garrett Standup Comedy  
Sandler Center  
757-385-2787

November 19th to January 2nd  
McDonalds Holiday Lights at the Beach

November 20th, 21st 2010  
Virginia Beach Turkey Shoot  
Lacrosse Tournament  
757-561-2660

November 20, 2010  
Light Up the Town Parade at Town Center  
757-965-5452



**November Concerts**

November 3, 2010  
All That Remains  
Norva, Norfolk

November 5, 2010  
Fantasia  
Chrysler Hall, Norfolk

November 17, 2010  
Black Crowes  
Norva, Norfolk

November 19, 2010  
DMX and Guest  
Norva, Norfolk



**Theater Shows**

The Lion King  
November 30th thru January 2nd  
Chrysler Hall, Norfolk

**Sudoku Solution**

7	6	9	5	8	1	2	3	4
2	5	8	4	3	9	7	6	1
3	1	4	7	2	6	5	8	9
6	7	1	2	5	4	8	9	3
9	2	5	3	1	8	6	4	7
4	8	3	9	6	7	1	2	5
8	9	7	1	4	2	3	5	6
5	4	2	6	7	3	9	1	8
1	3	6	8	9	5	4	7	2

NOTICE

**PER YOUR LEASE  
NO GUNS OR WEAPONS  
OF ANY KIND ARE  
ALLOWED ON  
HHR PROPERTIES.  
VIOLATIONS ARE  
SUBJECT FOR  
EVICTION**

**Protect your eyesight**

**You have to wear shades.**

The brightest move for your eye health is choosing sunglasses that block UVA and UVB light. Wearing them year round is key to avoiding cataract surgery—the most frequently performed operation in the United States.

**Winterizing your vehicle**



Give your battery a little TLC - remove the caps from the battery terminals, cleaning them with a wire brush and cover with clear lip balm before replacing the caps.

Don't forget the antifreeze - aim for a 50/50 mixture

Make sure you can see - replace your windshield wiper blades.

Get an oil change - oil tends to get thick when it gets colder

Examine your belts and hoses - have them checked for wear.

Check your tire pressure - tires must be properly inflated for the best traction. Colder temps can make tire pressure drop.

Prepare an emergency kit - store in trunk during winter months.

a blanket \* a pair of boots and gloves \* an extra set of warm clothes \* extra water and food to include hard candy \* a small shovel \* a flashlight \* flares \* a first aid kit \* a tool kit \* jumper cables \* spare tire and jack

Know what to do if stranded - stay with your vehicle, light flares.



**How to Submit an Online Service Request**

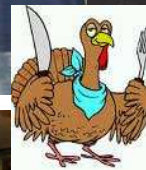
1. Go to <https://www.accway.com>. This website will take you to the "Welcome to the American Campus Communities Resident Portal."
2. If you have not already created an account, click "DON'T HAVE AN ACCOUNT YET" under Log In.
3. Enter the personal information requested. Be sure to enter the email address stated on your application, your last name, date of birth and the last four digits of your social security number.
4. Upon completion of creating your new account, check your email! You should receive confirmation of your new password.
5. Log back on to <https://www.accway.com> and access the portal using your new pass word.
6. Your general lease information will appear on your home page. Go to the Service Request tab.
7. Enter the information regarding your service request and click "SUBMIT SERVICE REQUEST" at the bottom of the page.

Your service request has been submitted!  
Enter as much detail as possible when submitting a service request on line. If you have any questions refer to the "Resident Portal FAQ" sheet or call any of the three Service Desk at:

**Bldg. J 53 Service Desk - 757-402-4245 / 4246**  
**Newport News Service Desk - 757-534-7710**  
**Iowa Mid Rise Service Desk - 757-233-3302 / 228-5232**  
**24 hours a day**



All events are free to HomePort Hampton Roads Residents



Free Bowling 2nd Tuesday Every month Pierside Lanes



# November 2010

Norfolk



Sun	Mon	Tue	Wed	Thu	Fri	Sat
7 Bldg. SP 29 NFL Sunday Ticket Available <b>Daylight Savings Time Ends</b>	8 Monday Night Football Mid Rise & U 16 Free munchies 8:00 p.m.	9 Free Bowling Pierside Lanes Free pizza, soda 1 guest per resident Prizes - 6:30 p.m.	10 Ladies Yoga Class for beginners Bring mat, towel Mid Rise 6:15 p.m.	11 9 Ball Tournament Free food, prizes Bldg. U 16 8:00 p.m.	12 Breakfast on the Go! Bldg. SP 29	13 Poker Game Free food, prizes Bldg. U 20 8:00 p.m.
14 Corn Hole Game Cole Village Free food, prizes 4:00 p.m.	15 PAYS DAY Movie & Pizza Night Bldg. J 53 8:00 p.m.	16 New Resident Mtg. All buildings 7:00 p.m. Birthday Cards	17 Yoga Class for beginners Bring mat, towel Mid Rise 6:15 p.m.	18 CA/RAB Meeting Mid Rise 4:00pm	19 Movie Night Mid Rise Theater 8:00p.m.-12:00a.m	20 Ping Pong Tournament Free food, prizes Bldg. SP 29 8:00 p.m.
21 NFL Sunday Ticket Available at Bldg. SP 29	22 Monday Night Football Mid Rise & NH 156 Free munchies 8:00 p.m.	23 Ladies 30 Minute Workout Yoga Center Mid Rise 7:00 p.m.	24 9 Ball Tournament Free food, prizes Bldg. J 53 7:00 p.m.	25 Football Mid Rise Theater Time TBA <b>Thanksgiving Day</b>	26	27
28 Free Pie & Ice Cream Bldg. J 53 6:00 - 7:30 p.m.	29	30				

